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distress and measures of growth, others do not. It appears that the experience of posttraumatic growth, and psychological distress and comfort, may be essentially separate dimensions. This is relevant to the clinical context, because people who experience significant levels of posttraumatic growth will not necessarily experience a

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Lauren N. Weathers, Bethany J. Aiena, Meredith A. Blackwell, Stefan E. Schulenberg, The Significance of Meaning to Conceptualizations of Resilience and Posttraumatic Growth: Strengthening the Foundation for Research and Practice, Clinical Perspectives on Meaning, 10.1007/978-3-319-41397-6, (149-169), (2016).

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