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In nutrition, diet is the sum of food consumed by a person or other organism. The word diet often implies the use of specific intake of nutrition for health or weight-management reasons (with the two often being related). Although humans are omnivores, each culture and each person holds some food preferences or some food taboos. This may be due to personal tastes or ethical reasons.

Diet (nutrition) - Wikipedia

Medical nutrition therapy is a specialized, dietician-developed

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regimen used to treat certain diseases, such as diabetes. This article tells you everything you need to know about medical nutrition ...

Medical Nutrition Therapy: How It Works, Conditions, and More

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Reference: Basic Nutrition & Diet Therapy by Maria Lourdes C. Caudal, RND. 2 Conditions of Nutritional Status 1) Optimum or Good Nutrition – body has adequate supply of essential nutrients for growth & health 2) Malnutrition – A condition of the body resulting from a lack of one or more nutrients or it may be due to an excessive nutrient ...

Nutrition and Diet Therapy - SlideShare

Developed in the 1920's by Dr. Max Gerson, the Gerson Therapy™ is a natural treatment system that activates the body's extraordinary ability to heal itself by treating the underlying cause of degenerative disease - toxicity and nutritional deficiency — through a specific protocol consisting of an organic, plant — based diet, raw juices, detoxification and natural supplements.

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