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The Body Owners Manual

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The Body Owner's Manual: DeGraff, Deborah: 9780425165034 ...

The Body: A Guide for Occupants by Bill Bryson is a well-researched user's manual for anyone interested in how our bodies function. And, of course, we also have the opportunity to enjoy the Bryson wit. This is a field trip through the human body and I was astounded at the level of research needed to write such a book.

The Body: A Guide for Occupants by Bill Bryson

This is a handy manual containing a potpourri of all sorts of information about the human body and its various systems and organs with the latest advice about how to keep them all healthy.

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